



Nanopore Microneedling

Sesderma Nanopore improves the health and quality of the skin by stimulating essential cells to increase collagen, elastin and hyaluronic acid. It is an effective treatment for acne scarring, stretch marks, fine lines and wrinkles, open pores, and generally improves skin tone, texture and brightness.

Topical nano-Meso solutions which are tailored to your specific needs will be applied during the Nanopore treatment and these solutions will be pushed into the skin, the Meso solutions will effectively absorb deeply to treatment skin conditions.

After the treatment is administered treatment cream will be applied along with an SPF cream to ensure that your skin is protected from UVA and UVB sun damage. It is important that you continue to use the sunscreen daily during your treatment course, to prevent uneven pigmentation and ageing of the skin which will be more vulnerable during this time. Ongoing daily SPF protection is recommended after your treatment to maintain your results.

It is important to understand that skin is a living organ and will respond to daily exposure to free radicals, UVA/UVB damage and general wear and tear. To maintain a healthy skin we recommend daily use of cosmeceuticals, a broad spectrum sunscreen minimum SPF 30 and 4-6 weekly maintenance skin treatments, Peel or Nanopore.

Common Side Effects

- Redness which ranges from a pale rose blush to a beetroot red. This redness usually settles within a few hours but can persist for up to 3 days settling daily.
- Swelling
- Mild discomfort/ heat, tingling, not unlike sunburn
- The skin may feel dry over the first 7 days and will require the application of aftercare cream for comfort
- Light peeling/flaking may occur, particularly after the first treatment.
- Sensitivity to your usual skin care regime.
- Red marks/ 'track marks'

Rare Side Effects

- Bruising, small dark purple bruises
- Infection
- Prolonged redness
- Herpes/ cold sore outbreak
- Pigmentation changes – hyper-pigmentation (darkening of the skin treated) or loss of pigment
- Scarring
- Allergic reaction to topical applications

AGING PROCESS

As we age, collagen and elastin synthesis in our skin decreases.

From the age of 30, it begins a process of loss of those fibers and at 60 years old its production is decreased by 35%.

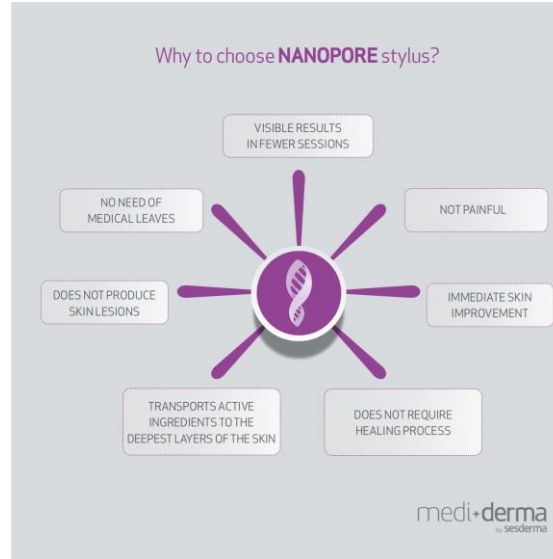
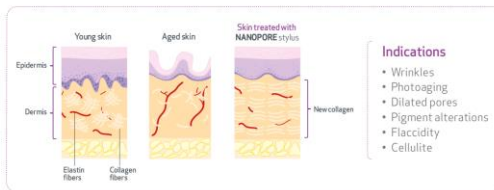
Collagen deficit

- Wrinkle formation
- Increased flaccidity
- Premature aging

1 NANOPORE stylus |

Non invasive medical treatment for electric punction with double action:

- 1 **Stimulates collagen and elastin synthesis:**
New collagen production by the activation of natural mechanisms of skin autorepair.
- 2 **Increases active ingredients penetration:**
Active ingredients vehiculization to the deepest layers of the skin (transdermal mesotherapy).



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Aftercare Advice

Immediately after treatment your skin will be pink. Degrees vary from one individual to another, from pale pink blush to beetroot red. Any redness is expected to resolve steadily over hours, sometimes it may take 3 or 4 days to return to normal colour. make-up, can be worn the next day.

If redness worsens, or itching occurs in the first few hours after treatment, cold compresses, or an anti-histamine tablet will help to resolve any discomfort. Use only the recommended products until skin colour returns to normal, then usual skin care may be resumed. The use of a serum is recommended to support healthy skin repair and boost results SPF 30 or above should be worn daily during the course of the treatment.

You are advised to avoid alcohol, vigorous exercise, and extremes of heat or cold for 48 hours post treatment. These activities have been found to increase and prolong redness and swelling.

Do not use hair dyes for a week following treatment.

Clinic Terms of Business

I understand that though complications are uncommon, they do sometimes occur. It is possible that side effects not described may occur and indeed that a complication not previously reported may occur for the first time. I understand if I suffer any adverse reactions that are not expected, or concern me, I must contact my practitioner, and book a review appointment. MD Medical Aesthetics Ltd cannot take responsibility for complications or results that have not been reported, assessed, documented and managed in a timely manner. Whilst I have been advised of the probable result, this cannot be interpreted as a guarantee. Results vary from one individual to another.

I confirm that the medical health history form has been completed truthfully and I am fully aware that withholding medical information, including history of previous treatment, may be detrimental to the safe and optimal outcome of any treatment administered. If there are any changes in my medical history, I must inform the practitioner.

I confirm that I have been provided with verbal and written information about this treatment which includes aftercare and follow up advice and I agree to follow the aftercare advice and understand this reduces risk of adverse reactions and helps ensure optimum results.

I understand information about me will be treated as confidential and access to it restricted in accordance with the Data Protection Act, unless specific permissions given.

By consenting to treatment you accept the clinic terms and conditions as outlined:

- You are satisfied that the treatment has been explained comprehensively
- That the possible risks and side effects associated with the treatment have been fully discussed and understood
- That you have taken sufficient time to process and consider the information provided and any questions have been answered to your satisfaction, before making a decision to proceed with the agreed treatment plan.
- You consent to my medical records being shared with appropriate professional staff
- You accept emergency intervention treatment if required